



Written by the Galactic Activator **Shot by Joshua Islek**

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**With the Galactic Activator, Translator of the Galactic Federation.
The 7D Reflection Guide is a FREE (e)book that is treated like the Bible,
but this 1 really has 1 version by RED RYVA, the Eye of SSA, her original
name from Birth is Michelle Elisabeth Bern Koll, and sees Color, with all Light.**

7D Reflection Guide

Precious being. I am all yours. Designed for you.
Made for the right, (im)perfect Mirror.

You are One of the Mirrors
who desires
to become
more of who you truly are
and less of who you are not.

You might also desire this:

[Self]-Love. Answers. Change. Transformation. Magic. Understanding. Innerstanding. Positivity. Acceptance. Confidence. Peace. Harmony. Self-awareness. Knowledge. Ancient Wisdom. Future. Development. Compassion. Forgiveness. Alignment. Embodiment. Feelings. Empathy. Truth. Clarity. Building. Evolving. Winning. Losing. Releasing. Foundation. Magnification. Amplification.

If you don't desire this (yet), keep in mind that there is a major chance that you are receiving it anyway, in any possible way.

The 7-Day Reflection Guide is a case of practices, and each day contains a practice of 1 Color, 1 Chakra, and a collection of inner-fierce, see-through questions that may answer your journey and guide you through a transformation of healing and activating your Soul's potential.

These practices are a gift for anyone who is interested in growing closer to themselves. Every day we work on a different part of you, a different area, a different energy, and a different topic. Teasing and pinching a little by little aspect of you, each day. We work on the development of your embodiment, your ownership and confidentiality in all areas of your existence (within + without), amplifying self-love, understanding your emotions, feelings, and thoughts, with ease, confidence, compassion, adornment, and play.

Each day + practice we work on variable modalities, where we focus on 7 body + energy parts, attentioning a Color + Chakra, which automatically moves you through all chakras. These 7 days we move through 7 (in body) Chakras. There are infinite Chakras, but these practices only touch upon the first 7 of them all.

The others (8+) above the crown/head are out of the (physical) body, connected to the Cosmos, Spirit, and higher realms of consciousness. It all connects to the spiritual body, through the physical body, pass the emotional body, within the light body. Through these practices, we connect with these bodies in front of the mirror, through your reflection, with colors that teach us how to reflect to it. With these practices, magic is created.

Trust that you can pursue the practices with perseverance and willpower. You will feel very content with yourself afterwards. Give yourself the freedom (mentally + spiritually + emotionally + physically) you deserve, and sparkle some magic to your reflection, it will sparkle back. I dare you!

With each practice, it's advised to wear the Color that is mentioned for each day, but I also recommend doing these practices as naked as you like, or use colored lights to fancy the room. Nothing is a must, of course, you have total freedom and free will to do or not do any of these practices. Or anything, for that matter. Be free :).

You have the power to do and create anything you desire.

You own the power of how you perceive yourself and the Galaxies around you.

You have infinite eyes, a mind, and a perception that you can create through them.

Your perspective matters. Your opinions are your reality.

When we look at ourselves and see ourselves beyond the physical body, we can experience deep soul healing and activation. These practices will help you get more in touch with yourself and your soul's purpose.

If you feel called to, share this 7-Day Reflection Guide with anyone that you feel could use it, recommend the practices or leave a review and receive a gift. Feel free to become an example for those around you and show them how magnificent you are!

I am with you when you do these practices. In Spirit.

Receive me as You are. And We can get really far.

Dive in, in-joy, innerstand, and all the love with the inner-con-flict with the mirror color magic during the 7-Day Reflection Guide practices!

Let's glitch on this journey together.

My name is Red Ryva, What is yours?

How did you find me? How did you find you?

Do you know who I am? Do you know who you are?

Where am I? Where are you?

I want to meet you where you're at.

Can you meet me where I'm at?

You are meant to be here.

Let's meet at the sweet spot on the next page, where we stop, take breaks, wait for a sign, and play the games as we play them.

Good luck, unconditional love, and bursts of energy to you, on your journey to where you are further meant to be. From here, everything is up to you. Enjoy the 7D Reflection Guide!

Day 1 - Red - Root Chakra:

Welcome to your first session of the 7-Day Reflection Guide.

The purpose and intention with each day / session / practice is to grow in self-love and expand your consciousness, and to have major personal development, which leads to a more fulfilling life. We will move through a lot of layers that are alive and present in your energetic aura + space.

In order for you to understand yourself on a deeper level, I have added questions that you can answer yourself in your journal during the sessions.

For the first day, it is advised to dress up in Red, because we will work with your Root Chakra first. The color Red is connected to your Root Chakra. When this energy center is balanced, you feel grounded, stable, secure, safe, capable, powerful, accepted, and surefooted, amongst many other things.

It provides you with a foundation for life, and we can feel unstable, unsafe, or experience uncertainty and fear of change, or not feeling secure, and this can trigger Fight/Flight/Freeze mode. This causes hormones to dysfunction and the Root Chakra becomes blocked.

The Root Chakra is connected to the element Earth, and it's located at the base of your spine, near your Genitals. This Chakra connects us through our physical bodies to the energy of Mother Earth (The Earth regarded as the source of all animate and inanimate things. The land or soil. Mother Earth is a personification of nature, with a particular focus on the nurturing and life-giving aspects of the natural world. Mother Earth symbolizes femininity, nurture, growth, new life and groundedness). We feel this energy through our bones, muscles, blood, and tissues.

Wear Red, add any color you prefer, or naked, make yourself feel your best (good, confident, and beautiful) and sit in front of the mirror for at least 20 minutes. If you have no time limits, please take up all the space you need at this time, and any time around.

Stare yourself in the (physical) eyes and welcome your soul to come through and say:

"I see you
I feel you
I hear you
I acknowledge you
I appreciate you
I respect you
I accept you
I admire you
I worship you
I know you
I forgive you
I love you"

Repeat as much time you need, and mean it, from the core of your being, embrace it, until you embody it.

Now observe your thoughts while you're observing yourself. You are more than welcome to give yourself compliments, and express your insecurities. Understand that they are all welcome to be expressed. After every negative thought, understand that they come through the mind for a reason and you might have to put in some extra work on them. You can transmute that energy by changing your narrative, by changing your personal story.

Act on your creative ideas! Your expressions might come through about your outside world, how you look or represent yourself, concerning your body, soul, or your surroundings, but also about your inside world. Observe and understand that you have full control about your own opinion and perception, and the actions you take towards these expressions, observations, ideas, and insights.

Journal prompts:

Do I feel safe in my body and with my surroundings? Why? Why not?

Do I trust myself? Why? Why not?

What parts of myself do I not like and how do I prefer to see myself instead?

Do I hold on to any guilt or shame?

What can I do to grow my confidence and trust in myself?

Do I envy something or someone? Why?

What lights me up / makes me feel alive?

What am I passionate about?

What can I do (better) to succeed in life?

Are there any core values I want to prioritize?

Do I desire to change anything?

For a balanced root chakra, speak positive affirmations and make it a habit. It will become natural to speak highly to, and of yourself.

This first session is completed when you feel content with yourself, inside out. Be proud of big and small achievements, even if you don't feel content yet. You will know when you are satisfied enough, or you can always continue or repeat another time.

You have completed your first day of the 7-Day Reflection Guide.

Day 2 - Orange - Sacral Chakra:

Welcoming you and your feelings today. Feeling the feels? This day we will be addressing your emotions. These energies are located in your Sacral Chakra. This Chakra is connected to the element water, associated with the color Orange, and performs the energy of creation, the flow of life, your unique flow, your sacred space, your creative expressions, your emotions, your passions and joyful pleasures, your sensuality and creativity. When unbalanced, it can take a toll on our emotional, mental, spiritual, and physical health.

For today's practice, dress up in Orange, add any other color you like, make yourself comfortable, and feel good in your body and spirit. If you haven't reached this level of satisfaction yet, this session will help you get there.

Place yourself in front of a mirror, and welcome yourself, your soul, your higher self, your spirit, like we did yesterday, and add your own twist to it this time.

Rise

When you find yourself in the present moment, try to observe yourself and your thoughts again. Meditate on your body, without any sort of judgment. The purpose of this is to get to a point where you can be in contact with yourself, while observing your Self without subjective judgment, so that you can become a clear channel to receive Spirit.

When you're feeling present enough, look yourself deep in the eyes. Hold your hands on your stomach, and witness what kind of emotions there are living inside of you in this present moment. Feel them, observe them, understand them. You might want to hold your other hand on your heart, try to have a conversation with your inner child, or perhaps with your higher self. Ask yourself questions for innerstanding.

Questions for your inner journey:

What feelings am I still holding onto that do not serve my highest good?

How can I express these feelings to free myself?

Is there any trauma I could address?

What creative energy does my soul desire to create or crave to express?

Do I cultivate a healthy relationship with pain and pleasure?

Are there any boundaries that I want to express to others and myself?

What desires, wants, needs, pain, and emotions do I want to express (to others)?

What do I want to create, do, and be?

Dive as long in your feelings as you need. Your soul will appreciate that. This is (p)art of the human experience. Whatever comes up for you, is an invitation to listen solely and react to your inner guidance, your inner compass has a lot to share with you.

There is no time limit with this session, just a maximum dose of compassion and perseverance with yourself. Try to love all parts of you and to find peace with your experiences and surroundings.

We all have creative / creator energy inside of us, if anything blocks this energy, like ignoring your wishes and desires, a fear or low vibrational frequency can block this passage of manifestation in the form of energy, it can be withheld thoughts, emotions, or feelings that should be felt or expressed. Healing starts with feeling. Do this for your own liberation. Love is a sense. You must thank yourself later.

Your creations are your life force energy, and they move through life as you, your Spirit moves, through life. What you focus on, creates an effect for the cause in each energetic contact. You are your own guide, and will always know, sense and feel what is reality. There is no energy that can **die**.

We simply are. Although it is obviously way more complex than that. We don't want to complicate more than we have to, let's move on to our fire, our real life force, which is our fire, the color Yellow, that never burns out, and never dies, or disappears. It has memories, forever. What else can we remember?

Day 2 of the 7-Day Reflection Guide is now completed.

Day 3 - Yellow - Solar Plexus Chakra:

On day 3 we move upwards. This is the day we have a death and a rebirth. We will rise. We will fire up and burn. We will light up your Solar Plexus, the Chakra that is vibrating the color (light) Yellow. The color and element of fire. The solar plexus is the Chakra of fire. Your life force. Your fire breath. Your breath of gratitude. Your joy and happiness. Your lust for life is all within.

Dress up in something Yellow during this practice, and you can feel more alive. In the Solar Plexus we store our fears, they cause blockages in your aura and thus in your life. It is the center of personal strength, life lust, power, learning and comprehension, and gratitude.

We hold so much within and suppress our ways of being, if we would really take a moment to discover and rediscover ourselves, we find tremendous breakthroughs that will skyrocket you into your most happy, content, satisfied, highest self, and reach your full potential.

Some journal prompts that you can ask yourself:

What / Who am I and what am I willing to become?

Are there any personal goals / targets / intentions I want to set for myself?

How do I perceive myself?

What fears am I holding onto?

What makes me feel alive?

How can I create more intimate moments in my day to connect with my Self?

What activities help me to build a stronger sense of Self?

What can I do to love life more?

Do I have an interest I want to study / research and learn more about or practice?

What activities did I love to do in my childhood?

What am I Grateful for?

You have what it takes to control your power, how you perceive life, yourself, and the people around you. Life will treat you, how you treat yourself. The Universe gives you what you can handle. Remind yourself that you deserve a life of happiness, joy, satisfaction, and prosperity, doing the things that you love doing.

You have finished day 3 of the 7-Day Reflection Guide.

Day 4 - Green - Heart Chakra:

Today's around the heart. This day represents green and the color is connected to the Heart Chakra. Wear something green, add something green to your body or surroundings, meditate on a plant, breathe in connection with nature.

The Heart Chakra is connected to the element air. Breath of infinity and the space we might consider our life energy to be held, our souls home. The heart opens, and we feel connected. We feel One. We feel Source. We feel Divinity.

When the heart is not open and deactivated, we can feel unsafe, hurt, pain, fear, anger, worry, regret, and misunderstanding. When open and activated, we can find, receive, and give, understanding, acceptance, forgiveness, but also gratitude and connectedness.

Feeling is also connected to the sacral chakra, which is orange. Ask yourself if there is something you are avoiding to feel. Check in with yourself and wonder in your eyes if there is something your soul needs to feel. The answer to this is always love. Now what is holding you back in feeling this? Are you open? Are you closed? Why? Admit to this feeling. Acknowledge what you feel. Express it. Act on this feeling. It might be a fear that is blocking you to love everything around you, all parts of you, or other people. There might be a situation that needs your attention. Any day is a day to love!! Practice loving something today that you have been avoiding to love. Avoidance leads to nothing. Addressing leads to elevations, growth, and clarity.

Journal prompts for today:

What am I grateful for?

What do I want (to love) more in my life?

What am I not fully loving and how can I love it unconditionally?

What actions can I take to love (more)?

What am I proud of?

Do I have faith? What is keeping me from being faithful?

Do I feel whole and complete? What is making me feel incomplete? How can I change this narrative?

Do I still hold on to pain, grief, or loss that stops me from moving forward?

Have I done something I regret? Can I accept what happened and let go of the past experiences to fulfill my sense of Self again?

Am I lacking or in my power? Where am I lacking?

How can I empower myself to vibrate higher?

What affirmations will help me to feel better about myself?

You are aligned with your heart when you truly know that you live on the right path for you, if you are honest with yourself, and how truthful you are expressing that to yourself and to the world around you. When you let your heart live as it is supposed to, you get what you deserve. You will always align with what is aligned with you and how you live your destiny. It depends on your Spiritual connection to God, and the way your body is being moved, in all dimensions.

Healing, activating and opening the heart can be extremely difficult (people should talk more about) when we hold on to so much pain and negative thoughts. It is best for you to release these now. You are loved. You are supported. Your heart is carried by the Universe and you are never alone!

You have completed day 4 of the 7-Day Reflection Guide.

Day 5 - Blue - Throat Chakra:

Magical creature! Magic makes sound. Time to SPEAK! Today we will treat the Throat Chakra, and it's connected to the color Blue. We will focus on the voice, and if you wear the color Blue, or have a Blue light, or anything else that's Blue, it will help to activate the Throat Chakra. This Chakra has the element "Ether", as your voice is infinite, like your soul.

The Throat Chakra is (sensing/feeling/seeing/speaking) YOUR truth. Your own, unique, divine truth, self-expression, choices, decisions, will, faith, vision, trusting life.

Following are a few exercises that will help you with opening up the voice, you can do these in front of a mirror, but also (of course) anywhere you are, like all other practices we did. You can do them in a private and personal space, or train yourself to do it in an open, public space. Of course this is never an order, do anything on your own terms!

Try out these activities: drinking water (activating mind-body-soul-spirit through swallowing and let water live you), chewing or eating, opening/stretching the mouth, sticking your tongue out, jawning, singing, screaming, roar, roam, bite, coughing, make weird, strange, and satisfying sounds, relax the jaw, blow, whisper, whistle.

Let your spirit take control when you surrender to these activities.

If these exercises do not assist you in opening up your voice, try to write. Writing can help with sharing your truth, when your voice sometimes can't. It allows your soul to speak for you when you can't or when it's hard to express something. It is surprisingly amazing what you can discover from listening to your heart, what it wants to feel and express, and even create.

The physical body has nerves and sensors all over and through the body. Nerves are part of the energy source of the Universe. Your nerves are part of the whole. Everything is energy. Energy transfers / exchanges have a healing and / or activation purpose. In the throat / neck is an energy center that also needs healing. You can try to put your hands around your neck, and imagine light coming through your hands. This light has healing powers that will release or activate a truth that wants to be expressed or exposed to you. A tangle of truth.

The senses, truths, feelings, emotions, downloads, thoughts and ideas that come to your awareness, may not always feel right or truthful. When it doesn't feel like love, but more like fear, it is an indication to get through what your soul is dealing with. Remember that the longer you ignore or try to run away from your truth, it will try and come back until you do something with what you're sensing through sensations. Share your truth with someone who you think should hear it. Change your truth if needed, for true liberation of your (inner) voice. What you're doing or not doing, speaking of, living by, or thinking of, reacts in your ways of existing in truth or lies.

Your voice is a special instrument. Your voice is your power. This is where your magic is. Our thoughts and words create our reality. Your truth! You control the reality of your life, how you feel, what you want to create, give and receive.

Questions to ask yourself to get closer to your truth:

What do I truly feel?

What do I want from life, myself, and others?

What is holding me back from expressing my deepest truth?

How can I share or express my message with the receiver?

Am I lying to myself about something?

What do I desire?

Are there any feelings I have been neglecting?

Is my (inner) voice pure?

Am I honest in my communication?

Is my expression me?

You have finished Day 5 of your 7-Day Reflection Guide practices.

Day 6 - Indigo - Third Eye Chakra:

Do you see?

Can you still see with your eyes closed?

What do you see?

Day 6 and we are measuring the 6th Chakra today. The Third Eye Chakra, which is the element of Ether (space), and the color Indigo (Light Blue, Turquoise). You can see any color through your Third Eye. You can see and know anything you'd wish to see. So what is it that you wish to see? You will discover that in today's session.

Seeing with the Third Eye, is a connection with the higher self. Intuition. Power. Purpose. Knowledge. Intellectual gifts. Clarity. Vision. Timeless. Spaceless. Formless. Magic. Truth. Creation.

Time is not physically real. We can see and feel it passing, but it does not exist. We can not sense time, we just know it passes. When the third eye is activated, you can exist through time, space, and dimensions. You can astral travel through space, and develop psychic abilities. Most humans are psychic, only not everyone has developed their psychic powers or seizes a psyche kick. And each individual has different kinds of lowered and heightened gifts. The psychic abilities that we possess and have access to are:

- clairvoyance (a clear sense of vision, psychic sight, externally or internally)
- clairaudience (a clear sense of hearing, being able to detect psychic information through the ears, like ringing in / pressure through the ears)
- claircognizance (a clear sense of knowing, psychic insight, intuition)
- clairsentience (a clear sense of feeling, being able to detect psychic information through your body, internally and externally, gut feeling, goosebumps)
- clair empathy (a clear sense of emotional feeling, being able to detect psychic information through your emotions)
- clairtangency (a clear sense of touch, being able to detect psychic information through the hands)
- clairgustance (a clear sense of taste, being able to orally detect psychic information)
- clairsalience (a clear sense of smell, being able to nasally detect psychic information)

Everybody has these psychic abilities. Some people have and use them all, and some people aren't known with or aware about any of them. We all have different purposes in life, so it only makes sense that we all have different gifts to use and benefit from. However, it is possible to start developing them by doing practices as you wish.

What I would love to share with you is something that I have discovered while reflecting in front of the mirror

Are you ready to glow?

And to let the divine show?

What is there to know?

I have done many mirror practices, but one day I was sitting in front of a mirror, and I saw something that transformed my life! I saw another me... transparent. Try this:

Find a mirror. Try this in daylight, or during the night, when it's dark, when you have candles on or a dimmed light near you, one that still shows you your face, so you can reflect your eyes in the mirror. When you are resting comfortably, facing yourself, I want you to take a few deep breaths until you are fully present in the body. Empty your mind. Once you are here, now, take a look unto your eyes, straight into the black pupils. Stare into just one eye, or alternate between the two to focus and balance.

The Magic Trick: if you stare long enough, you become transparent. You can see your own light. Not only your light, but you can also see your darkness, you can witness your body becoming fully black, white, gold, or any color. When you witness this, your flesh, your physical body, becomes transparent and disappears in your mirror. You can see and sense your original light body, the colors of your aura. You can now read your energetic field while staring at your reflection, witnessing it becoming transparent, Pink, Black, Red, Orange, Yellow, Green, Blue, Purple, Gold, White, or any color in any shape or form.

Third Eye Quests:

What do Eye want?

What am I seeking?

What am I sensing now?

What is my purpose?

Where do I want to gain awareness?

How can I challenge my infinite imagination?

Do I give myself permission to visualize?

Do I trust my intuition?

What does Spirit call me forth to act on or anticipate with?

Do I live by truth or lies?

How can I test my intuition to trust it more?

You have finished Day 6 of the 7-Day Reflection Guide.

Day 7 - Violet - Crown Chakra:

You got it through the last day of the 7-Day Reflection Guide. The 7th Chakra is the Crown Chakra and it's the frequency of the Color Violet / White, and it is not really connected to the 5 elements but to Light. The Crown is connected to Spirit, when open, clean, and protected, you are connected and One with the Universe, Divine, with Spirit, God, Holy Ghost, Consciousness, Higher Realms and Frequencies, Nature, with whatever you find electric sense with or feel connected to. You can open and close this energy center for activation and protective reasons, and tune in to the higher realms and dimensions of the collective consciousness.

When connected and balanced, perhaps with wearing, or meditating on, or thinking of (imagining) the Color Purple, it could activate and stimulate your Spirit and its spiritual gifts and you could feel calm and at peace, ease, activated, enlightened, empowered, having a sense of (spiritual) freedom, seeing and sensing all things crystal clear, and tuned in to your Higher Self. You are more receptive of Spirits, and of receiving energies from extraterrestrial beings and multidimensional bodies and galactic light beings. You are also able to tap into the energies of your shadow self, to connect with your darkness, become aware of trauma, receive wisdom and learn through raising awareness of all beings. Communicate with your inner voice.

We will discuss both the benefits and purposes of connecting / working / communicating with dark and light energy.

When you connect with light, you naturally expand your lightbody, are more powerful, walk with a higher vibration and will attract higher frequencies into your life, with your surroundings, and in your environment. You become a magnet of / for what you are. The stronger your light, the more you are receptive to dark and lower energies. They love the light.

To reach this light, we must go through frequent darkness. It is necessary to experience countless, but countable, deaths of the soul, realizing and cutting off limiting beliefs, ways of being that no longer serve you, and remembering and forgetting who you are. When we do rituals or activities, like (mirror) practices and movements to connect with Spirit, we go through deep activating, awakening, creating, and healing experiences, far beyond our subconscious mind.

More often than not... Right before the light comes (back), the darkness kicks in.

We can either run away from it, or use it to empower ourselves and overcome challenges you never knew existed before you.

An exercise you can do to connect with your energy, your light, your dark, to attune with your spirit, goes as follows...

Take a seat in front of the mirror and follow these steps:

1. Greet yourself
2. Awaken your senses by humming and touching your body slowly
3. Soften your heart, open it with trust by breathing from your heart space
4. Put your hands intuitively on your body parts and observe the sensations
5. When you have touched your full body, start massaging the top of your head, making small circles with your fingers, slow + fast, high + low pressure movements. This will cleanse, open, clear, relax, and activate your crown chakra
6. You should feel relaxed, calm, at ease, and have slow and long breaths. Once you feel completely at ease, you can ask your Spirit what it is that you need...

Contemplate with your Self these following questions:

Who am I and how am I living it?

Why am I here?

What am I here to be?

What am I here to give?

What am I here to receive?

What am I here to share?

What do I want to create?

What and how do I want it to look like?

How do I want to feel (during '...')?

What will I do to accomplish this?

What am I letting go of?

How can I let go of this?

What do I need to do to become my highest self?

Am I being blinded/lying to myself about anything? How can I be more truthful to myself?

What you reflect is your truth. Love it. Live it. Or kill it. Make it (dis)appear. Heal it. But remember to reflect what your heart sings. It is tricky. It is sticky. It is free. It is picky. Love and honor your Spirit. Your Spirit chose you. Are you ready to reflect its existence in this reality?

You have completed the last day of the practices of the 7D Reflection Guide.

Now that we are done, I want to encourage you to keep finding balance within yourself. May this reflection guide help you with your daily challenges, healing your patterns, behaviors, and traumas, in a way that is doable for you and suits your way of living and supports you in the way you view the world. Your perspective creates your reality and your mindset creates your ways of being. May you find the positive side of things, even when life gets hard, especially when challenges face you. I hope that you find the power and love within yourself to have compassion and understanding for your Self, in all aspects, memories, and experiences, you come across in your life. With Love, Red Ryva, the Galactic Activator. I translate and transform.

Give this book to the next, or share it, if you're done with it.

Do you work or are in an environment that wants to use the 7D Reflection Guide as a tool to support clients, visitors, guests, students, colleagues/coworkers, teams, studies, buildings, businesses, events, workshops, schools, in all industries, and all countries on every land, order or download it for free on GalacticActivator.com and let RED know that you have it.

This website link also leads you to the [C.A.S.E. 777](http://C.A.S.E.777) (age 13+), the Magazine of RED RYVA, the Galactic Activator. Translator of the Galactic Federation. In this Magazine is found education for all studies, and for all families, that makes you part of the witnesses of Michelle Elisabeth Bern Koll. The only writer. The only publisher. The only Translator. "RED".

If you reach out to redryva@gmail.com you can suggest RED to come by and visit to receive a free introduction to the 7D Reflection Guide and The Eye of SSA, the writer of C.A.S.E. 777. She will introduce you to the Magazine, C.A.S.E. 777 that operates as a Live Report of the Galactic Activations, that support our awareness to step into the truth to live as we breathe.

If you are a guest, a student, a visitor, meet your boss, leader, teacher, worker, mentor, the guide, the host, the highest in the room, of wherever you work or locate yourself. Your location can suggest a free visit from the [Galactic Activator](http://GalacticActivator.com), and RED will come by with the Galactic Federation, to showcase an introduction, to the individuals that attend, and arrive.